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**A Pilot Study to Assess the Feasibility of Real-Time
Continuous Glucose Monitoring in the Management of
Infants and Toddlers with Type 1 Diabetes**

Version 2.0
July 31, 2009

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23

Protocol Chair

24

Eva Tsalikian, M.D.

25

Children's Hospital of Iowa

26

Iowa City, IA

27

28

29

Coordinating Center

30

Jaeb Center for Health Research

31

Roy W. Beck, M.D., Ph.D. (Director)

32

Katrina J. Ruedy, M.S.P.H. (Assistant Director)

33

Tampa, FL

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CHAPTER 1
INTRODUCTION

105 **1.1 Background and Rationale**

106 Tight glycemic control in young children with diabetes is limited by hypoglycemia and the
107 associated risk of impaired cognitive development. There are a number of factors that contribute to
108 the risk of hypoglycemia in this age group, including irregular patterns of eating, inability to
109 recognize and report hypoglycemia, inability to self manage a low blood glucose, and
110 unpredictable peaks and valleys in long acting basal insulins. Young children are also very
111 sensitive to small changes in insulin doses and the ability to deliver insulin by very small
112 increments can only be possible via pump therapy. Night time is the most vulnerable period for
113 hypoglycemia in youth with T1DM, since sleep blunts the counterregulatory responses to
114 hypoglycemia even in non-diabetic children (1). In the 1st funding cycle of the Diabetes Research
115 in Children Network (DirecNet), we studied overnight counterregulatory responses to spontaneous
116 hypoglycemia in young (3-8y/o) vs. older (12-18y/o) children with T1DM and observed that the
117 catecholamine response to spontaneous hypoglycemia is blunted, even in young children (2; 3).

118
119 Nocturnal hypoglycemia in the past has been partly attributed to the overnight peaking of the NPH
120 insulin effect when it is given at dinner or at bedtime. It was thought that this effect could be
121 dramatically reduced by the use of insulin infusion pumps and one study showed a significant
122 reduction in hypoglycemia when switching from multiple daily injections to pump therapy (4).
123 Recent studies, however, using continuous glucose sensors have failed to demonstrate a lower rate
124 of hypoglycemia in children wearing insulin infusion pumps when compared to children using
125 multiple daily injections (5-9). These concerns have caused parents of children with diabetes to
126 welcome the possibility of using continuous glucose monitoring with real-time hypoglycemic
127 alarms. Direcnet previously investigated the use of the Abbot Navigator CGM in 8-18 y/o patients
128 with T1DM (see section 1.2.1). A large, multicenter study funded by JDRF is presently exploring
129 the use of CGM technology further in a much larger cohort for an entire year; however, young
130 children (<8y/o) were not included. Hence, it remains to be seen whether CGM technology can be
131 used safely, whether it is tolerable and useful in very young children with T1DM, and whether it
132 can improve glycemic control without increasing hypoglycemia.

133
134 Acute hypoglycemia has deleterious transient effects on multiple aspects of cognition, (10-12) it is
135 quite plausible that recurrent mild to moderate hypoglycemia (13; 14) or episodic severe
136 hypoglycemia (15-22) during early childhood, when the brain is undergoing rapid developmental
137 changes plays an etiologic role in these more static cognitive changes. Along with the many other
138 valid reasons for avoidance of hypoglycemia, this observation has generated even greater concern
139 about minimizing hypoglycemia among young children with T1DM due to their potential
140 vulnerability to CNS insult. In addition, chronic hyperglycemia may also affect the developing
141 brain, although this is less well studied (23). Hence the avoidance of large glycemic excursions
142 may well be critical, not only for the avoidance of diabetes complications, but for normal brain
143 function. This underscores the critical need of technology that allows the near-continuous
144 monitoring of plasma glucose with CGM systems, particularly in very young children with
145 diabetes.

146
147 DirecNet will be conducting a randomized clinical trial on the safety and efficacy of CGM
148 systems in young children with T1DM between ages 4 to <8yrs. Because of the unique challenges
149 involved in the use of CGM technology in very small children, including unpredictability of

150 meals, extraordinary sensitivity to very small insulin doses, and very limited body surface area
 151 where to place the sensors, to name a few, we hence propose to extend those studies to children
 152 less than age 4 yr (i.e., infants and toddlers) as a pilot assessment of the feasibility of the use of
 153 these devices in this unique age group.

154

155 **1.2 CGM Systems to be Used**

156 This study will use the FreeStyle Navigator® CGM made by Abbott Diabetes Care, the Guardian-
 157 REAL Time CGM made by Medtronic Minimed and the DexCom SEVEN PLUS CGM made by
 158 DexCom Inc. For subjects who are using a 522 or 722 Paradigm insulin pump, there may be an
 159 option to use the Paradigm CGM system also made by Medtronic Minimed. The Guardian
 160 REAL-Time and the Paradigm systems use the same sensor and transmitter and calculate the
 161 glucose result using the same algorithm, but the Guardian REAL-Time is strictly a CGM receiver
 162 and not an insulin pump. All of these CGM systems measure interstitial glucose. Each system
 163 consists of a glucose oxidase based electrochemical sensor placed subcutaneously and a receiver
 164 to which the glucose measurements (or signal) are sent wirelessly and stored. In human studies
 165 the interstitial glucose levels generally lag behind the blood glucose by 3 to 13 minutes.(24; 25)

166

167 The version of the Navigator to be used in this study is different than the currently FDA approved
 168 version in that it has a 1-hour warm-up period rather than the FDA-approved version which has a
 169 10-hour warm-up period.

170

171 Features of these CGM systems are summarized in the table below

172

	FreeStyle Navigator	Paradigm/Guardian	DexCom SEVEN PLUS
Range of glucose values	20 to 500 mg/dL	40 to 400 mg/dL	40 to 400 mg/dL
Frequency of glucose values	Every minute (saved every 10 minutes)	Every 5 minutes	Every 5 minutes
Lifespan of sensor	120 hours	72 hours	168 hours
Warm up period	1 hour	2 hours	2 hours
Calibration frequency	5 times at approximately 1hr, 2hrs, 10hrs, 24hrs and 72hrs following sensor insertion	2 times a day (every 12hrs)	2 times a day (every 12hrs)
Home Glucose Meter (HGM) for Calibration	FreeStyle (built in)	One Touch Ultra Link (connected via radiofrequency); can also enter manual calibrations from any HGM	One Touch Ultra (connected via a cable); can also enter manual calibrations from any HGM
Alarms	Hypo, hyper (adjustable); Predicted alarms based on rate of change	Hypo, hyper (adjustable) No predicted alarms on the Paradigm; Guardian has predicted alarms based on rate of change	Hypo, hyper (adjustable) No predicted alarms
Trend Arrows on Receiver Display	Yes	Yes	Yes
Entering of events	Insulin, meals, exercise, health, other	Insulin, meals, exercise	Insulin, meals, exercise, other

173

174 **1.2.1 Prior Studies on CGMs**
175 Most studies and clinical experience using CGM devices have been in adults.(26-28) In children,
176 DirecNet conducted a prospective long-term follow-up study using the Navigator in 57 children
177 with T1D aged 4 to 17 years, 14 of whom were <8 years old (29; 30). Navigator use was well
178 tolerated by the subjects. Many incorporated it into their daily diabetes management and
179 continued to use it during an optional continuation phase of the study while a minority
180 discontinued use. Parental satisfaction measured on a questionnaire was generally high.

182 **1.3 Study Objective**

183 The primary objective is to assess the feasibility and safety of CGM use in infants and toddlers
184 with T1D who are <4 years old.

186 **1.4 Synopsis of Study Protocol**

187 Following a run-in period with a blinded CGM, CGM use will be initiated in each enrolled
188 subject. Subjects will remain in the study for up to six months as long as the CGM is still being
189 used. If CGM use is discontinued prior to six months, with no intention to restart it, then a close-
190 out visit will be performed at which the testing listed for the 26 week visit will be performed.

191 **A. Major Eligibility Criteria**

- 192 • Clinical diagnosis of T1D
- 193 • Age <4 years

195 **B. Sample Size**

- 196 • Up to 35 subjects.

198 **C. Duration of Follow-up**

- 199 • Up to six months

200 **D. Outcome Assessments**

201 1) Feasibility

- 202 • Proportion of subjects successfully completing the run-in phase and continuing in the study
- 203 • Proportion of subjects successfully completing six months of CGM use
- 204 • Duration of time of CGM use for subjects discontinuing prior to six months
- 205 • Reasons for discontinuation of CGM use

207 2) Changes from baseline in glycemic control

- 208 • HbA1c
- 209 • % of sensor values in range (70 mg/dL to 180 mg/dL), <70 mg/dL, <50 mg/dL, >180
210 mg/dL, and >250 mg/dL
- 211 • Measures of variability: mean amplitude of glycemic excursions (MAGE), SD, mean
212 absolute rate of change

214 3) Other

- 215 • Parental quality of life measures
- 216 • Episodes of severe hypoglycemia

218 **E. Flow Chart of Study**

- 219 Screening
- 220 • Assess eligibility and sign informed consent form
- 221
- 222 Run-in Phase:
- 223 • Blinded CGM use for 4 out of 7 days to obtain a minimum of 96 hours of CGM
- 224 glucose data, which will serve as a baseline assessment of glycemic control
- 225
- 226 Baseline Visit
- 227 • 7 to 14 days after visit to initiate blinded CGM
- 228 • Assess CGM use
- 229 • Continue in study if CGM use successful
- 230
- 231 Follow up Visits and Phone Contacts
- 232 • Visits at 1,4,8,13,19 and 26 weeks with one phone contact between each visit
- 233 • If CGM use is discontinued and there is no expectation that it will be restarted, then the
- 234 subject will have a close-out visit.
- 235
- 236

237 **G. Schedule of Study Visits and Examination Procedures**

238

	Enr	0	1w	4w	8w	13w	19w	26w
Blinded CGM	X							
Pre-enrollment compliance assessment		X						
HbA1c-DCA2000	X	X		X	X	X	X	X
Skin Assessment		X	X	X	X	X	X	X
Data download			X	X	X	X	X	X
Review diabetes management	X	X	X	X	X	X	X	X
Parental QOL Questionnaires	X							X

- 239
- 240 **1.5 General Considerations**
- 241 The study is being conducted in compliance with the policies described in the study policies
- 242 document, with the ethical principles that have their origin in the Declaration of Helsinki, with the
- 243 protocol described herein, and with the standards of Good Clinical Practice.
- 244
- 245 Data will be directly collected in electronic case report forms, which will be considered the source
- 246 data.
- 247
- 248 There is no restriction on the number of subjects to be enrolled by a site.

249 **CHAPTER 2**
250 **SUBJECT ENROLLMENT AND STUDY INITIATION**

251
252 **2.1 Study Population**

253 Approximately 35 subjects are expected to be enrolled in the study.

254
255 A goal of recruitment will be to enroll a minimum of 10% minorities.

256
257 **2.2 Eligibility and Exclusion Criteria**

258 **2.2.1 Eligibility**

259 To be eligible for the study, all subjects must meet the following criteria:

260 1) Clinical diagnosis of type 1 diabetes

261 *The diagnosis of type 1 diabetes is based on the investigator's judgment; C peptide level and*
262 *antibody determinations are not needed, unless onset of diabetes was prior to 6 months of age*
263 *in which case positive antibodies are required for eligibility .*

264 2) Age <4.0 years

265 3) Current insulin regimen involves either use of an insulin pump or multiple daily injections of
266 insulin (at least 2 shots per day) for at least one month

267 4) Parent/guardian understands the study protocol and agrees to comply with it

- 268 • *Subjects with a parent/Guardian who speaks only Spanish will be enrolled only if a CGM*
269 *device is being used in the study that functions in Spanish and has a User Guide in*
270 *Spanish.*

271 5) No expectation that subject will be moving out of the area of the clinical center during the next
272 6 months, unless the move will be to an area served by another study center.

273 6) Informed Consent Form signed by the parent/guardian.

274
275 **2.2.2 Exclusion**

276 There are no exclusion criteria for subjects meeting the eligibility criteria.

277
278 **2.3 Subject Enrollment and Baseline Data Collection**

279 Potential subjects will be evaluated for study eligibility through the elicitation of a medical history
280 and performance of a physical examination by a study investigator.

281
282 **2.3.1 Informed Consent**

283 For eligible subjects, the study will be discussed with the parent/legal guardian (referred to
284 subsequently as 'parent'). The parent will be provided with the Informed Consent Form to read
285 and will be given the opportunity to ask questions. A copy of the consent form will be provided to
286 the parent and another copy will be added to the subject's clinic chart.

287
288 Written informed consent must be obtained from the parent prior to performing any study-specific
289 procedures that are not part of the subject's routine care.

290
291 **2.3.1.1 Authorization Procedures**

292 As part of the informed consent process, each parent will be asked to sign an authorization for
293 release of personal information. The investigator, or his or her designee, will review what study

294 specific information will be collected and to whom that information will be disclosed. After
295 speaking with the parent, questions will be answered about the details regarding authorization.

296

297 **2.3.1.2 Special Consent Issues**

298 The study population for this study includes young children only.

299

300 **2.3.2 Historical Information and Physical Exam**

301 A history will be elicited from the subject/parent and extracted from available medical records
302 with regard to the subject's diabetes history and current diabetes management. A standard
303 physical exam (including vital signs and height and weight measurements) will be performed by
304 the study investigator or his or her designee. The physical exam will include inspection of the
305 skin.

306

307 **2.3.3 HbA1c**

308 HbA1c level will be measured using the DCA2000 or comparable local point of care device. The
309 measurement must be made within 2 weeks prior to enrollment.

310 *This HbA1c measurement can be performed as part of usual clinical care prior to*
311 *obtaining informed consent for participation in the trial.*

312

313 **2.3.4 Questionnaire Completion**

314 The parent will complete the following questionnaires (described in chapter 5):

- 315 • Blood Glucose Monitoring System Rating Questionnaire
- 316 • Problem Areas in Diabetes (PAID-Parent version)
- 317 • Hypoglycemia Fear Survey

318

319 **2.4 Instructions for Home Use of the Blinded CGM**

320 The parent will be instructed to have the child use the CGM on a daily basis and will be instructed
321 in the use of the device.

- 322 • Subjects who will use a Medtronic system will use the Guardian Clinical device which is
323 the same as the Guardian REAL-Time but does not display the glucose results. Those who
324 will use the Navigator or the DexCom will get that device, but it will be programmed by a
325 computer in the clinic to not display the glucose results.

326

- 327 • Blood glucose testing using the HGM (unblinded) should continue to be at least 4 times a
328 day. The test strips to be used during the study are called the FreeStyle Omni. These tests
329 strips are currently not approved by the Food and Drug Administration but have been
330 submitted to the FDA for review.

331

- 332 • The parent will be informed that to be eligible to continue in the study, the CGM must be
333 used on a minimum of 4 out of 7 days, at least 96 hours of CGM glucose values including
334 at least 24 hours of glucose values during the hours of 10 p.m. and 6 a.m. must be
335 obtained, and a minimum of 3 HGM glucose measurements must be made each day.

336

337

338

339 **CHAPTER 3**
340 **BASELINE VISIT**

341
342 **3.1 Timing of Visit**

343 Enrolled subjects will return 7 to 14 days after the blinded CGM use was initiated.
344

345 The purpose of the visit will include the following:

- 346 • Assessment of compliance with the use of the CGM and HGM
- 347 • Assessment of skin reaction in areas where a CGM sensor was worn
- 348 • Initiation of unblinded CGM use
- 349 • Instruction on downloading of glucose data for those with a home computer
- 350 • HbA1c measured with DCA2000

351
352 **3.2 Review of CGM and HGM Data**

353 The HGM and CGM data will be downloaded and reviewed by personnel not involved with
354 treatment of the subject to assess whether the subject has been compliant.

- 355 • To be continued in the study, it will be necessary that the subject has completed at least 3
356 HGM measurements a day since enrollment, has used the CGM on at least 4 out of 7 days
357 prior to the visit, and obtained at least 96 hours of CGM glucose values with at least 24
358 hours of glucose values during the hours of 10 p.m. and 6 a.m.

359
360 Subjects not meeting these criteria may be given a second opportunity at investigator discretion to
361 complete the CGM and HGM requirements.

362
363 Subjects who are unable to meet the CGM and HGM compliance requirements will be withdrawn
364 from the study and not continued.

365
366 **3.3 Skin Assessment**

367 The skin in areas where the sensor was inserted will be inspected to assure that there are no serious
368 skin reactions that would preclude extended use of a sensor in the study.

369
370 **3.4 HbA1c**

371 HbA1c will be measured using the DCA2000.
372

373 **3.5 Initiation of Unblinded CGM Use**

374 The CGM will be unblinded (or the unblinded Medtronic device will be provided) and the parent
375 will be provided with sensors. The parent will be instructed to use the CGM on a daily basis and
376 will be instructed in the use of the device including calibration of the device using a study HGM
377 and downloading the device (if the parent has access to a home computer). The parent will be
378 instructed to continue testing with the HGM at least 4 times each day. In addition, the parent will
379 be asked to test using the HGM one night per week at approximately 3 a.m. Those with email
380 access will be asked to email the downloaded data to the clinical center before each scheduled
381 phone call.

382
383 The parent will be observed placing the sensor. A guide booklet will be provided for the parent to
384 take home. The parent will be instructed to contact the site staff if any appreciable skin reaction
385 occurs.

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During the visit, the CGM, insulin pump (if the subject uses an insulin pump), and HGM data from the 7 to 14 days the CGM was used blinded will be reviewed with the parent. The parent will be provided and will be instructed in the use of algorithms to make changes to the diabetes management based on the data from the CGM and HGM.

CHAPTER 4
HOME PROCEDURES AND FOLLOW UP VISITS

4.1 Home Procedures and Diabetes Management

Each subject will be asked to use a CGM sensor on a daily basis, inserting a new sensor as needed.

A study HGM will be used for calibration of the CGM sensor. Additional HGM glucose measurements may be performed by the subject at anytime, particularly prior to making a real-time management decision based on the CGM glucose reading. In addition, the parent will be asked to test using the HGM one night per week at 3 a.m.

At least once a week, subjects who have a home computer will be instructed to download the CGM and HGM data for viewing. Subjects with email access will send the CGM and HGM data to the clinical center prior to each scheduled phone call. The steps to follow will be detailed in the subject instruction manual.

4.2 Follow-up Visits

A primary purpose of the visits and contacts will be to review diabetes management and make adjustments as needed.

4.2.1 Follow-up Visits

Follow-up visits will occur at

- 1 week (+ 2 days)
- 4 weeks (+1 week)
- 8 weeks (+1 week)
- 13 weeks (+1 week)
- 19 weeks (+1 week)
- 26 weeks (+1 week)

Additional visits can occur at any time.

Subjects who discontinue CGM use with no intent to restart will have a close out visit that will include the procedures listed for the 26-week visit.

4.2.2 Procedures at Follow-up Visits

The following procedures will be performed at each visit, unless otherwise specified:

- Assessment of compliance with CGM and HGM use
- Skin assessment
- Review of glucose data and pump data (if available) and recommendations for changes in diabetes management
- HbA1c determination using the DCA2000 or similar point of care device for management decisions (all visits except week 1)
- Completion of questionnaires by parent (26 weeks -see chapter 5 for description)
 - Blood Glucose Monitoring System Rating Questionnaire
 - Problem Areas in Diabetes (PAID-Parent version)
 - Hypoglycemia Fear Survey
 - CGM Satisfaction Scale

439

440 **4.3 Phone Contacts**

441 One phone contact will be made between each protocol visit. Additional contacts are permissible
442 at any time.

443
444
445

CHAPTER 5 PARENTAL QUESTIONNAIRES

446

5.1 Introduction

447 The following questionnaires will be completed during the study by the parent:

- 448 • Blood Glucose Monitoring System Rating Questionnaire
- 449 • Problem Areas in Diabetes (PAID - Parent version)
- 450 • Hypoglycemia Fear Survey
- 451 • CGM Satisfaction Scale

452
453 All of the questionnaires are completed at baseline and 26 weeks, with the exception of the
454 Continuous Glucose Monitor Satisfaction Scale, which is not completed at baseline.

455
456 Each questionnaire is described briefly below. The procedures for administration are described in
457 the study procedures manual.

458

5.2 Blood Glucose Monitoring System Rating Questionnaire

459 The Blood Glucose Monitoring System Rating Questionnaire was designed to assess subjects'
460 rating of their current method of blood glucose monitoring. At baseline, parents will answer the
461 questions as they relate to the home glucose meter being used prior to enrollment in the study. At
462 26 weeks, parents will answer the questions as they relate to the CGM. Administration time is
463 approximately 10 minutes.

464
465

5.3 Hypoglycemia Fear Survey

466 The original Hypoglycemia Fear Survey measured several dimensions of fear of hypoglycemia
467 among adults with type 1 diabetes. It consisted of a 10-item Behavior subscale that measured
468 behaviors involved in avoidance and over-treatment of hypoglycemia and a 13-item Worry
469 subscale that measured anxiety and fear surrounding hypoglycemia. The instrument has since been
470 revised to create a parent version of the original instrument. The Worry Scale consists of 15 items,
471 each with a 5-choice Likert response format. Administration time is approximately 10 minutes.

472
473

5.4 Problem Areas in Diabetes (PAID – Parent Version)

474 This questionnaire is administered to the parents of youth with diabetes to assess diabetes-specific
475 quality of life of parents. This questionnaire consists of 20 items and administration time is
476 approximately 10 minutes.

477
478

5.5 Continuous Glucose Monitor Satisfaction Scale

479 This 46-item questionnaire was designed for this study to measure the impact of using a CGM on
480 family diabetes management, general family relationships, and individual emotional, behavioral
481 and cognitive reactions to use of the device. The number of questions may be reduced prior to
482 initiation of its use in the study. Administration time is approximately 10-20 minutes.

484

CHAPTER 6
ADVERSE EVENTS

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6.1 Definition

A reportable adverse event is any untoward medical occurrence that meets criteria for a serious adverse event or any unexpected medical occurrence in a study subject that is study or device-related.

6.2 Recording of Adverse Events

Throughout the course of the study, all efforts will be made to remain alert to possible adverse events or untoward findings. The first concern will be the safety of the subject, and appropriate medical intervention will be made.

The investigator will elicit reports of adverse events from the subject at each visit and complete all adverse event forms online. Each adverse event form is reviewed by the Coordinating Center to verify the coding and the reporting that is required.

The study investigator will assess the relationship of any adverse event to be related or unrelated by determining if there is a reasonable possibility that the adverse event may have been caused by the study device or study procedures.

The intensity of adverse events will be rated on a three-point scale: (1) mild, (2) moderate, or (3) severe. It is emphasized that the term severe is a measure of intensity: thus a severe adverse event is not necessarily serious. For example, itching for several days may be rated as severe, but may not be clinically serious.

Adverse events will be coded using the MedDRA dictionary.

Definitions of relationship and intensity are listed on the website data entry form.

Adverse events that continue after the subject's discontinuation or completion of the study will be followed until their medical outcome is determined or until no further change in the condition is expected.

6.3 Reporting Serious or Unexpected Adverse Events

A serious adverse event is any untoward occurrence that:

- Results in death
- Is life-threatening; (a non life-threatening event which, had it been more severe, might have become life-threatening, is not necessarily considered a serious adverse event)
- Requires inpatient hospitalization or prolongation of existing hospitalization
- Results in significant disability/incapacity
- Is a congenital anomaly/birth defect

528 An Unanticipated Adverse Device Event is defined as an adverse event caused by, or associated
529 with, a device, if that effect or problem was not previously identified in nature, severity, or degree
530 of incidence.

531

532 Serious or unexpected adverse events must be reported to the Coordinating Center immediately
533 via completion of the online serious adverse event form.

534

535 The Coordinating Center will notify all participating investigators of any adverse event that is both
536 serious and unexpected. Notification will be made within 10 days after the Coordinating Center
537 becomes aware of the event.

538

539 Each principal investigator is responsible for informing his/her IRB of serious study-related
540 adverse events and abiding by any other reporting requirements specific to their IRB.

541

542 **6.4 Risks And Discomforts**

543 The investigators have determined that this protocol meets the criteria to be classified as a
544 nonsignificant risk device study as it does not meet any of the criteria from section 812.3 (m) of
545 the FDA investigational device exemption regulation 21 CFR 812. As such, an IDE is not
546 required.

547

548 It is the assessment of the investigators that this protocol falls under DHHS 46.404 which is not
549 involving greater than minimal risk. In addition, it is the belief of the investigators that this study
550 also presents prospect of direct benefit to the subjects as described in Section 9.1.

551

552 **6.4.1 CGM**

553 There is a low risk for developing a local skin infection at the site of the sensor needle placement.
554 Itchiness, redness, bleeding, and bruising at the insertion site may occur as well as local tape
555 allergies.

556

557 During each follow-up visit, each site where a CGM sensor has been worn will be assessed by
558 study personnel. Both acute and non-acute changes will be assessed (as described on the case
559 report form and in the Procedures Manual). If a skin reaction is classified as severe (the reaction
560 is extremely noticeable and bothersome to subject and may indicate infection or risk of infection
561 or potentially life-threatening allergic reaction) an Adverse Event Form will be completed.

562

563 **6.4.2 Fingerstick Blood Glucose Measurements**

564 Fingersticks may produce pain and/or ecchymosis at the site.

565

566 **6.4.3 Psychosocial Questionnaires**

567 As part of the study, parents will complete psychosocial questionnaires which include questions
568 about their private attitudes, feelings and behavior related to diabetes. It is possible that some
569 people may find these questionnaires to be mildly upsetting. Similar questionnaires have been
570 used in previous research and these types of reactions have been uncommon.

571

572 The study may include other risks that are unknown at this time.

573

574 **6.5 Data and Safety Monitoring Board**

575 An independent Data and Safety Monitoring Board will be informed of all serious adverse events
576 and any unanticipated adverse device events that occur during the study and will review compiled
577 adverse event data at periodic intervals.
578

579 **CHAPTER 7**
580 **MISCELLANEOUS CONSIDERATIONS**

581
582 **7.1 Benefits**

583 It is expected that CGM devices will have an important role in the management of diabetes.
584 Therefore, the results of this study are likely to be beneficial for patients with diabetes.

585
586 It is possible that subjects will not directly benefit from being a part of this study. However, it is
587 also possible that the blood sugar information from the monitor along with the algorithms
588 provided for management decisions will be useful for subjects' diabetes self-management.

589
590 **7.2 Subject/Parent Reimbursement**

591 The study will provide the CGM and related supplies, and the study HGM and test strips.

592
593 The study will be paying the subject \$25 per completed protocol-required visit to cover travel and
594 other visit-related expenses. Additional travel expenses will be paid in select cases for subjects
595 with higher expenses. There will be no compensation for completing telephone calls.

596
597 Subjects who complete the study will be able to keep the study HGM. Test strips for the HGM to
598 be used after the study will be the subject's responsibility. The CGM device and all components
599 will need to be returned.

600
601 **7.3 Subject Withdrawal**

602 Participation in the study is voluntary, and a subject may withdraw at any time. The investigator
603 may withdraw a subject who is not complying with the protocol.

604
605 **7.4 Confidentiality**

606 For security purposes, subjects will be assigned an identifier that will be used instead of their
607 name. Protected health information gathered for this study will be shared with the coordinating
608 center, the Jaeb Center for Health Research in Tampa, FL. Information given to the coordinating
609 center will include: diagnosis, general physical exam information (height/weight/blood
610 pressure/etc.) insulin, questionnaire results, hemoglobin A_{1C} results, continuous glucose monitor
611 results, blood work results, HGM blood glucose measurements, information pertaining to
612 hypoglycemic excursions and the treatment given, as well as all other study related data gathered
613 during study visits.

614
615 During each visit, the study devices will be downloaded to a computer that is secured and
616 password protected, the files will be sent directly to the coordinating center via email. All files
617 will include only the subject's identifier; no names or personal information will be included.

618
619 During the study, subjects with a home computer will be asked to download the CGM and study
620 HGM data to their home computer. The downloaded data may be provided to Abbott Diabetes
621 Care or DexCom Inc. as well as the data collected for the study during the enrollment visit, at
622 follow-up visits, and during phone contacts. The data provided to the companies will include only
623 the subject's identifier; no names or personal information will be included.

624
625 **7.5 Early Discontinuation of the Study**

626 The study may be discontinued prior to its planned completion by decision of the Steering
627 Committee, with concurrence by the Data and Safety Monitoring Committee.

628 **CHAPTER 8**
629 **STATISTICAL CONSIDERATIONS**

630
631 The approach to sample size and statistical analyses are summarized below. A detailed statistical
632 analysis plan will be written and finalized prior to the completion of the study. The analysis plan
633 synopsis in this chapter contains the framework of the anticipated final analysis plan, which will
634 supersede these sections when it is finalized.

635
636 **8.1 Sample Size Estimation**

637 The sample size of 35 is a convenience sample for this pilot study and not based on statistical
638 principals

639
640 **8.2 Statistical Analysis**

641 Tabulations will be performed for the following:

642 1) Feasibility

- 643 • Proportion of subjects successfully completing the run-in phase and continuing in the study
- 644 • Proportion of subjects successfully completing 6 months of CGM use
- 645 • Duration of time of CGM use for subjects discontinuing prior to 6 months
- 646 • Reasons for discontinuation of CGM use

647
648 2) Changes from baseline in glycemic control

- 649 • HbA1c
- 650 • % of sensor values in range (70 mg/dL to 180 mg/dL), <50 mg/dL, <70 mg/dL, >180
651 mg/dL, >250 mg/dL
- 652 • Measures of variability: mean amplitude of glycemic excursions (MAGE), SD, mean
653 absolute rate of change

654
655 3) Other

- 656 • Parental quality of life measures
- 657 • Episodes of severe hypoglycemia
- 658 • Other adverse events

659 **CHAPTER 9**
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